



DETOX PROGRAM

BEHAVIORAL
HEALTH
OF THE PALM BEACHES, INC.

www.lakareol.com



Facilitating Comfort, Healing and Rejuvenation

Our clean, comfortable facilities and gorgeous Palm Beach climate are the perfect place for physically vulnerable patients to complete their detox. Patients are monitored around the clock by qualified and compassionate doctors to address any potential medical emergencies and assess progress. In addition to an initial medical assessment prior to entering detox, patients are continuously evaluated by our doctors who make recommendations regarding release or further care. Once patients complete detox they are ready to begin the next phase of their treatment.

Preparing Patients to Successfully Pursue Recovery

Detoxification restores patients' lucidity and energy so they can readily embrace rehabilitation and subsequent recovery. While it can be uncomfortable, it is a necessary part of the treatment process best conducted by qualified experts. Patients who choose detox on their own are practically assuring relapse. Behavioral Health of the Palm Beaches administers unmatched traditional medical detox to help patients clear this first critical hurdle so they can continue on their journey of recovery and toward a sober and fulfilling life.

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Same-Sex Detox at BHOPB

We are keenly aware of the unique physical and mental health issues that each gender faces during their recovery and have developed two distinct detox programs for men and women. These gender-specific options allow emotionally vulnerable patients to focus on their healing and develop the trust with their doctors that is necessary to successfully complete detox. There is substantial evidence indicating the comparative effectiveness of same-sex detox versus traditional programs. Specific benefits of same-sex detox include, but are not limited to:

- **Expert care for gender-specific withdrawal symptoms**
- **Elimination of sexual or intimacy-related distractions**
- **Safe, supportive and comfortable healing environment**
- **Opportunity for patients to facilitate bonds and rebuild trust**

Many patients experience trauma involving the opposite sex during the heights of their addictions that leaves lasting damage and damages their ability to form health relationships. Same-sex detox allows patients to stabilize their bodies without disruption so they can address their psychological issues in a subsequent rehab program.



Experienced and Qualified Medical Staff

Our medical professionals are extensively trained to administer comprehensive detox and effectively treat all withdrawal symptoms. We recognize the critical importance of this first step in patients' recovery and make every effort to keep them comfortable and preserve their motivation toward recovery. Whenever possible, we will utilize medication to mitigate the pain and illness of the withdrawal process. We offer comprehensive detox for a full range of addictions, including alcohol, cocaine, methamphetamine, heroin, prescriptions opioids and Suboxone. Length varies, depending on patients' continued care needs. We are one of only a few treatment facilities in the region to administer detox right onsite.

“You have the strength, we have the experience.”



Safe, Compassionate Medical Detoxification from Drugs and Alcohol

The detox process is among the most physically and emotionally challenging stages of substance abuse and addiction treatment. It involves a complete restoration of patients' bio-chemistry through the expulsion of residual drug and alcohol-related toxins from the system. Detox is accompanied by a variety of withdrawal symptoms, and requires expert professional management from qualified professionals.

Unfortunately, many treatment facilities are not equipped to effectively meet the complex detox needs of all patients. Poor-quality detox programs often prevent patients who are genuinely interested in recovery to relapse, through no fault of their own, and form a negative or defeatist attitude toward treatment. Behavioral Health of the Palm Beaches is a South Florida addiction treatment organization offering first-class medically supervised detox and expert withdrawal symptom management to a diverse patient population.

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